



Natural Horsemanship Association Of Northern Nevada

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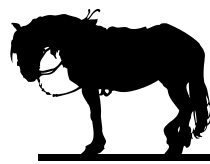
Cynthia Brown and Samantha DiMuzio

Mail membership dues to NHANN c/o

Nancy Horvath, 10220 Pathfinder Way,
Reno, NV 89508

Annual dues:

\$25.00 individual; \$35.00 family



September 2011 Meeting Highlights:

The general meeting was called to order at 6:00 p.m. with a welcome from the Club's President, Sam DiMuzio.

- Sam asked everyone in attendance to say who they are, how many horses they have, and what kind of horses they are.
- Debbie Tayler made a motion to approve last month's meeting minutes.
- There was one new member, Sherri Campbell, who was given a trail kit.
- Rebekka Rhodes motioned to approve last month's meeting minutes. Bruce Horvath seconded the motion which passed without opposition.

TREASURER'S REPORT:

Beginning balance: \$1285.02, Income comprised of membership, decals, tees, and hoofpick totaling \$80.00, Expense of a website fee of \$12.95, Ending balance: \$1352.07.

- The number of paid memberships is forty-nine (49).
- Cynthia Brown explained how the library operates. All library items will need to be returned by November to complete inventory.
- Sam DiMuzio reviewed the "for sale" items. Rebekka purchased a small decal.

OLD BUSINESS:

- Change of venue: Round Table Pizza at Northtown is closed. Black Bear Diner seats less people than the current meeting place does. Debbie Young is checking on the Round Table Pizza in Golden Valley and will report back.
- Board Positions for 2012: All Board
- Debbie Tayler made a motion to adjourn the meeting at 7:23p.m. Cynthia Brown seconded the motion; there were none opposed.

NEW BUSINESS:

The next activity will be the Chilcoot trail ride this Saturday, 10/15/11. See Details, page 7.

Horsin' Around with the President

By Sam DiMuzio



PRESIDENT'S MESSAGE

Hi Everyone!

The Bird Springs Ride in September was a lot of fun. I believe I had the first verse (and only verse I know) of "Home on the Range" running through my mind the entire time!

We have one more scheduled ride for this year! It will be up in Chilcoot, CA on Saturday the 15th. Details follow on page 7 of the September NHANN Newsletter.

This month's meeting topic will be a video called "Balance In Movement: The Seat of The Rider".

From Amazon.com:

Susanne von Dietze presents an illuminating course that will help horse riders to better connect with their horses. Using her expertise, von Dietze covers a variety of topics: riding in movement; rhythm, balance, and suppleness; individual strong and weak points; how to supple the hip joints; developing a correct leg position; upper body balance; correcting asymmetries; the independent hand of the rider; and more. BALANCE IN MOVEMENT is a valuable instructional video for anyone looking to bring spirituality into the horse riding process.

Also, there will be many open Board positions for the coming year for members to fill and participate in: President, Librarian, Activities Coordinator, and Membership Coordinator. Ballots will go out soon. This is a great chance to get involved! Please see February's Newsletter on the website for more information on these positions www.naturalhorsenevada.com.

Happy Trails!!!

~Sam

November 10th^h NHANN Meeting –



---Feral Horses!

Come join us for November's meeting when Dr. Meeghan Gray will discuss her recent research on contraceptive methods in feral horses.

Board Meeting starts at 5:15 – all members are welcome!

General Meeting starts at 6:00 p.m. at Round Table Pizza, 4007 So. Virginia Street, Reno.

Pictures from the September 10th Bird Springs Trail Ride



NHANN LOGO-WEAR LONG SLEEVED T-SHIRTS ARE WARM!!

ONLY \$15 EACH, QUANTITIES ARE LIMITED!

S-10/ M-13/ L-12/ XL-10/ XXL-5

(Sam is wearing a Small)



Place your orders in time to wear on your next trail ride!

Orders can be placed via email and shirts can be picked up at the next Meeting.

E-mail Sam DiMuzio to reserve yours now! Sandb98@msn.com

NHANN Decals for your car, truck & trailer are now available – buy several while supplies last!



September Meeting Highlights

The question: When, how, and why should you introduce a horse to a bit if you have been riding in a hackamore?

The answer:

Bruce Horvath stated he thought the ultimate goal was to be able to ride a horse without a bit. Bruce has been riding his horse in a hackamore for years and the horse is doing well; he sees no reason to change.

Rebekka Rhodes explained a mechanical hackamore, as well as any other bit, even a halter, can be harsh depending on rider's hands.

The goal is to ride the horse in such a manner as to not bother the horse.

The only time to change is if you decide you want something different or you want a different feel. Maybe you desire a better degree of softness. If Rebekka needs a quicker response, or needs to position a horse for dressage, she may need to ride in a bit to be more specific in her communication to the horse.

Rebekka can support the California Vaquero Tradition of starting the horse in the snaffle, moving on to the bosal, and then putting the horse in the bridle. The snaffle allows for clear communication. The bosal brings the horse to a higher level of sensitivity and the ability to tuck and carry itself lighter. The next step is a bosalita worn underneath a full bridle with a spade bit. The bit just sits in the horse's mouth unused and the rider uses the bosalita. Eventually the horses use the bit which is barely moved and the horse knows to collect, etc.

Rebekka can buy into the reasoning because the snaffle allows you to speak to only one side of the horse's mouth. When a halter or hackamore is used to start a horse, the direct pull on a rein actually tips the horse's nose to the opposite direction and the horse has to try to figure out what the rider is asking. When a horse can come up under himself and carry himself, then the horse can go into the bosal. The bosal teaches them to neck rein, although you may need both hands to guide the horse in the beginning.

Rebekka asked people to consider the sensitivity of the horse's mouth. There is a tendency to follow what we see others do. An example would be someone riding in a snaffle bit with slobber straps and a mecate. If the mecate is held in such a manner the reins swing back and forth, the horse is carrying all of the weight in his mouth.

The goal is to have more refinement in our riding and be clear. We want our horses to be light and more responsive. Please note that this is certainly not a comprehensive overview, as there is so much more to learn about biting!

Member's Corner I

First Born: follow-up

By Nancy Horvath

Yes, the weather certainly feels like fall - and rainy. There is a lot of cut hay lying in the fields between here and Klamath Falls. We were up there to visit our young ones who now live in Eagle Point, Oregon - at two fine hay farms owned by Morgan lovers. It was great to see them so happy and amidst such green pastures and experienced trainers. We were also pleased to see them recognize us - Sunny came right over to get a pat, and the girls showed off their training under saddle by being very well-behaved.



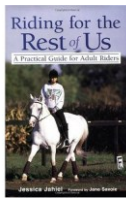
Renaissance Champagne ("Crystalina") with new owner



Sunny & Bruce at Lighthouse

Excerpts from Our Amazing

NHANN Library!



Riding for the Rest of Us: a Practical Guide for Adult Riders by Jessica Jahiel

Taking up riding as an adult is more challenging than signing up for lessons as a child. Starting horsemanship young is thought to be ideal, but not mandatory. After years of ignoring the "itch" and finally becoming financially able you've decided to pursue your horse dreams. Unfortunately you've found that very few trainers offer "beginner adult lessons" and you aren't ecstatic about learning to ride with a bunch of elementary kids. If you have ever experienced the challenges of taking up riding as an adult then this book is for you.

The author, Jessica Jahiel, noticed her adult riding students felt alienated from the rest of the horse world. Most adults involved with horses were either trainers, vets or Olympic riders. Riding horses as a hobby seemed to be more common with children. Jessica wrote her book to help encourage more adults to take up riding as a hobby.

Chapters include: "The Advantages of Maturity", "Rider Fitness", "Riding and Schooling Alone", and "Competitions and Clinics" all of which are discussed from an adult's viewpoint. There are also chapters on finding the right horse for your horsemanship level, choosing a trainer who fits your needs, and the pros/cons of leasing or buying a horse. Nothing for school children is found on the pages of *Riding for the Rest of Us*. If you are looking for a book that will cater to the adult rider in you please be sure to send an email request to library@naturalhorsenevada.com before the next meeting.

NHANN FOR SALE ITEMS:

Long Sleeved T-shirts: \$15

Short Sleeved T-shirts: \$12

Trail Kits (bandana, hoof pick, lip balm, strip of leather): \$10

Equine First Aid Kit: \$25

Really great hoof pick!: \$15

9x12 Decals: \$7.50 each; 5x7 Decals: \$5 each

Member's Corner II

A BAD CASE OF SCRATCHES

By Debbie Tayler

I thought I would share my journey with trying to clear up a case of Scratches our 30 year old gelding has contracted. Perhaps someone can learn from my mishaps.

According to the veterinarian, this condition is contracted from the dirt, but usually affects a horse that has been moved to a new area. It is also more common in a wet environment.



I initially started treating this condition on 8/30/11. I was told if I applied Sauerkraut to my horse's legs and wrapped it with plastic wrap it would soften the scabs so they could be removed and would cure the Scratches. The Sauerkraut did soften the scabs so I could remove them and shave his legs. After shaving his legs, I washed them with Betadine; however, it did not seem to do much to resolve the issue.

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UP-COMING EVENTS

- Every Saturday after the NHANN Monthly Meeting
NHANN Monthly Activity
Stay tuned for *trail rides, clinics and other fun things* to participate in with your horses! Activities announced monthly.
- October 13th, 2011-Thursday
September NHANN Meeting!
Time: 5:15 Board Meeting; 6:00 PM General Meeting.
- October 15th, 2011- Saturday
September NHANN Activity Chilcoot Trail Ride!
Time: Be there at 10:00am, ride at 10:30 – See page 7 for details.
- October 30th, 2011- Sunday
Maplewood Stables Halloween Show
Contact Julie Winkel 775-1849
<http://www.snhsa.org/2011%20Files/Maplewood%20Halloween%20Show.pdf>

Check out the Natural Horsemanship of Northern Nevada's website for future club related events and for the list of Library materials at:
www.naturalhorsenevada.com



U.S. MARINE CORPS USES BLM MUSTANGS IN THEIR MOUNTED COLOR GUARD
Meet the only remaining Mounted Color Guard in the U.S. Marine Corps. They have five riders and five palomino BLM Mustangs in the Guard. Several of these horses were trained by the prisoners in Carson City, Nevada in the Prison Trained Saddle Horse Program.
http://www.blm.gov/ca/st/en/prog/wild_horse_and_burro/Color_Guard.html



Welcome New Member:

Sheri Campbell!

Email interview with our newest NHANN member:

Q: How many/what kind of horses do you have?

A: We have three Quarter Horses and one Appaloosa.

Q: What do you like to do with them?

A: We like to trail ride and my two daughters participate in a Horse 4-H Club. (Cont'd on Page 7)

Member's Corner II

—cont'd from page 5

I then tried washing his legs with KetoChlor, a medicated shampoo which is used in treating bacterial and yeast infections. The shampoo did little to help.

I found a product called Aromaheel on the internet which guaranteed it would cure Scratches. It was rather expensive at \$30.00/jar. I initially applied the Aromaheel on 9/2/11, but used the entire jar in three applications. I ordered more which arrived on 9/8/11. After I applied the last of the third jar, the condition seemed to be worse rather than better and he now had actual sores.



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Cont'd from Page 6

Interview with New NHANN Member Sheri Campbell:

Q: What area of Reno do you live/ride in, and do you keep your horses at home?

A: We live in Bridle Path (located in Spanish Springs) and are very blessed to be able to keep the horses at our home as well as have miles of trails to enjoy.

Q: How long have you been doing horsey stuff, and what got you interested in NHANN?

A: We have had our horses for three years now and I am trying to learn as much as I can to be a better rider. We were referred to NHANN by Debbie Taylor who for years has done a wonderful job as our Farrier.

Q: Are you planning anything special with your horses in the coming months?

A: We don't have any horse plans coming up, just happy to be out riding in our beautiful Fall weather.



~Details: the CHILCOOT TRAIL RIDE

Saturday, October 15th; meet at 10 am and be on the trail by 10:30. Bring lunch to take on ride. We can ride for +/- 1-1/2 hours, have lunch, and return. We can find a much nicer place to eat on the trail, than back at the trailers. (Most of the "trail" is a dirt road, but we will do some trails too.)

Directions: 395 North to Highway 70 (towards Portola) Go to Chilcoot. Turn Right on Frenchman Lake Rd (corner where Wiggins is). Go up Frenchman Lake Rd. You will go over a rise and pass Ridgecrest and Hidden Valley Road on the right.

There will be a 2nd rise in the road. Just after Sage Flat Vista, turn on dirt road, marked with balloon or ribbon that I'll have out. This road is only 1.2 miles from turn off on 70. Go down this road and you will see trailers.

I live at 141 Frenchman Lake Rd- 1st blue house on the left. If anyone would like to stop after the ride for a cool drink and relax a bit, that would be fun! A few trailers could be parked at neighbors across the street. Horses could "mingle" in an arena across the street, or be tied next to trailer, or left inside for a short time.

Road and trails are mostly dirt---but those who have horse boots might want to bring them.

See you on the 15th! -Maureen Kimmerling

CLASSIFIED ADS

HORSE FRIENDLY PRODUCTS:

Timberline Saddle Company Custom Saddles: Western, Dressage, English, Trail and Endurance models. Custom saddle pads, girths and cinches, bridles and accessories available. Tacky-Tack™ Saddle Pads – extreme comfort and non-slip security; washable and breathable. Skidmore's Leather Care products. Contact: Mark Rhodes
775-972-9025

centaurgenic@mindspring.com.

NATURAL HOOF CARE

by Debbie Taylor:

Correct trimming for balance and performance with an emphasis on treating the whole horse. Contact Debbie at (775) 846-8918
kirk.debbie.taylor@gmail.com
to schedule an appointment.

SAFE START HORSEMANSHIP:

Beginning horsemanship: riding instruction, with emphasis on safety, communication, and learning all aspects of horse care; ages five thru adult. Please call or email for more information. South Reno.

Contact: Jann Hehn 775-852-7261
safestarthorse@sbcglobal.net

SADDLE PAD SHIMS FOR SALE:

Adjustable as your horse's body changes/grows, 3 left and 3 right shims per pkg. English or Western Saddles - Adjust saddle fit for your horse, helps build muscles in withers area, and helps relieve atrophied muscles. Contact Marianne Merriam
818-590-8460

MerriamWear@gmail.com

HORSES 4 LEASE OR LESSONS:

MFT gelding. Cruise is an incredibly smooth trail horse,
rides English or western;
Lessons are \$30,
leasing is \$150 per month.
For more information
contact Donna Artz at
775-232-2427.

swsranch@charter.net

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Member's Corner II

"A Bad Case of Scratches"

-cont'd from page 5



I then tried treating his legs with Chlorhexidine on 9/17/11, which took the condition to a whole new level of bad! I now realize I had the solution mixed way too strong. The directions said to mix with water until the color was sky blue. I have since learned the proper dilution rate is 2 tablespoons to one gallon of water.

During this whole time, I was having a terrible time with the flies flying from sore to sore and literally crawling all over the entire scabby area.

On 9/18/11, I started him on a seven day course of Sulfamethoxazole and Trimethoprim Tablets (SMZ). I was also directed by the veterinarian to mix Desitin and Nitrofurazone together and apply to the scabs and sores and keep his legs wrapped for three days. It did seem to help calm the condition and the flies didn't like the mixture. By now, he was extremely painful and would lift his left hind leg out to the side and walk on his toe.

Leslie Kornstein told me that Kunzea Oil had been helpful in clearing up Scratches in her horse. I also found two articles on the Internet, www.horsetalk.co.nz/health/mudrash-154.shtm/ and www.veterinaryrecord.bmj.com/content/164/20/619.full.pdf, and decided to order some Kunzea Oil which I first applied on 9/23/11.

I mixed the Kunzea Oil with Vegetable Oil and applied 50%/50%. One great benefit of the oil mixture is the flies absolutely would go nowhere near it! The next day I noticed he had swelling in his hock on the leg that had the open sores. The day after, the swelling was even worse and had moved up to his stifle. After the first application of the oil mixture, I applied it at a little more dilute rate of 30% Kunzea Oil to 70% Vegetable Oil. The open sores literally exploded! It finally occurred to me the veterinary article had said they used an ointment containing 20% Kunzea Oil. I believe the swelling up higher on his leg was due to the Kunzea Oil mixture being too strong. I immediately discontinued the oil mixture and went back to the Desitin/Nitrofurazone mixture. I did that for two days and on the second day the vet came out to administer vaccinations to the other horses. She clipped off the remainder of the scabs, washed the area with Ivory dish soap, slathered the entire area with Silver Sulfadiazine, and wrapped his legs. She also gave him a stronger antibiotic, Exceede. While the oil mixture really aggravated the open sores, it did seem to help knock down the overall situation.

It saddens me to think I inadvertently kept making the situation worse in an effort to make it better. I hope that by sharing my story, maybe some other horse can be spared some of the pain and discomfort mine has experienced.

Member's Corner II

"A Bad Case of Scratches"

-cont'd from page 8

Oct. 3, 2011: I have to admit frustration. This is what his legs looked like today after removing the wraps that were put on last Thursday. The vet wanted to wrap his legs to keep the dirt out of the wounds. His leg is actually worse now than before we wrapped it! I think his skin is so fragile that the wraps aggravated the condition. I will NOT be wrapping him again!



I purchased some herbal ointment called Sarcoid Salve which states it is specifically useful for ulcerated sores, etc. The jar states it is gentle and does not burn. Immediately after applying the salve, his hock and stifle swelled up again. I washed his leg again and applied Desitin/Nitrofurazone to the sores. For the time being, I am not going to treat the Scratches until after these open wounds heal.



I also gave him his second shot of Exceede today.

I hope that maybe the lessons I have learned trying to treat this disease can spare some other horse the misery mine is currently going through.

Look for possible updates to this condition
and it's treatment
in the October issue of the NHANN
Newsletter~

*He has galloped through young girl's dreams, added richness to grown women's lives,
and served men in war and strife.*

~Toni Robinson

*For better it is to dare mighty things, to win glorious triumphs, even though
checkered by failure, than to rank with those poor spirits who neither enjoy much nor
suffer much because they live in the gray twilight that knows neither victory or
defeat.*

~Theodore Roosevelt

DRESSAGE, n.:
the passionate pursuit of perfection by the obsessively imperfect

There is just as much horse sense as ever, but the horses have most of it.

~ Anonymous

A pony is a childhood dream, A horse is an adulthood treasure.
~ Rebecca Carroll

NHANN 2011 Tentative Meeting & Activity Schedule

Month	Scheduled Speaker	Topic	Activity
October	Video called "Balance In Movement: The Seat of The Rider".	Balanced riding in movement, rhythm & balance.	Chilcoot Ride 15 th
November	Dr. Meeghan Gray*	Wild Horse Research	
December	Club Christmas Party*	(No meeting at Round Table)	All library books, cd's, dvd's due back to Librarian for annual audit Dec. 10 th * #
Jan. 2012	First Meeting of the Year	TBA#	TBA#

*confirmed +tentative-waiting on confirmation #details to come

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*It's a lot like nuts and bolts - if the rider's nuts, the horse bolts!
~The Horse Whisperer.*

If wishes were horses , beggars would ride

To Ride Or Not To Ride?... What A Stupid Question!

*Show me your horse and I will tell you what you are.
~Old English Saying*

*A horse is the projection of peoples' dreams about themselves-strong, powerful, beautiful-
and it has the capability of giving us escape from our mundane existence.
~Pam Brown*



CALLING ALL MEMBERS !



Members are **enthusiastically encouraged** to submit "Member's Corner" articles for publication to the NHANN Secretary via e-mail (MarianneMerriam@gmail.com) regarding real-life learning experiences, interesting or unusual stories concerning you and/or your horses.