



Natural Horsemanship Association Of Northern Nevada

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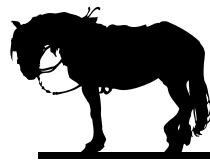
Web Master:

Cynthia Brown and Samantha DiMuzio

Mail membership dues to NHANN c/o
Nancy Horvath, 10220 Pathfinder Way,
Reno, NV 89508

Annual dues:

\$25.00 individual; \$35.00 family



July 2011

Meeting Highlights:

The general meeting was called to order at 6:16 p.m. with a welcome from the Club's President, Samantha DiMuzio. Samantha requested that everyone present introduce themselves and briefly state what was the strangest object that they had ever put on a horse.

- Dar Meredith made a motion to approve last month's meeting minutes as written. Cynthia Brown seconded the motion which passed without opposition.

TREASURER'S REPORT:

The current balance is \$1,187.97 and reflects income of \$172.00 from membership, and sales, and expenses of \$12.95 for the website fee.

- Nancy was not present to inform member's regarding the membership. There were two new members present and they were provided with trail kits as a welcome gift.
- Cynthia explained the library rules and reminded members to look online prior to each meeting to identify materials that they would like to check out. Email or call Cynthia prior to the monthly meetings and she will bring your desired library materials to the next meeting.
- Debbie Taylor discussed the for sale items.

OLD BUSINESS:

- Leslie Kornstein's clinic has been cancelled due to a lack of participants.
- The Lemmon Valley ride is scheduled for Saturday July 23rd at the Lemmon Valley arena.

NEW BUSINESS:

- The Euer Valley camp trip is scheduled for August 12-14. There are twelve horse and rider teams signed up to participate thus far. For more information contact Samantha DiMuzio.

Horsin' Around with the President

By Sam DiMuzio



PRESIDENT'S MESSAGE

Hi Everyone!

It's almost horse camping time at Euer Valley! If you are going, here's what you need to know.....

How to get there:

Take US Interstate Highway 80. At the town of Truckee turn off at the Highway 89 North off-ramp. Follow Highway 89 north for two and one half miles to Alder Creek Road. Turn left on Alder Creek Road. (It will be on a downhill, so keep that in mind). Continue for approximately six miles to Euer Valley. You will proceed through a portion of the Tahoe Donner mountain subdivision at mile four to five. The road changes from paved to dirt for the sixth and final mile. Follow the dirt road downhill (you'll want to be in 1st gear down this hill) to the meadow area. Look for directional signs to indicate locations of camp and cabin areas. (I will have signage up).

You will have to go through the bug station if you come from Nevada and stay on the highway. Technically, you should be able to provide a health certificate, a Coggins test, and brand inspection paperwork if asked for it at the bug station. Most people tend to be waived on through without having to provide this info, but there are no guarantees.

There is another way to go that will add about 20 minutes of drive time. (The 89 exit is only 5 minutes past the bug station). You'll need to take the Hirschdale exit (as if you are going to Boca or Stampede Reservoir). Go slow as it's a tight corner. Turn right onto Hirschdale. You'll follow it up a winding road and through residential areas as you head towards Truckee. You'll want to take a right onto Donner Pass Road at the stop sign as you approach Truckee itself. You'll go through a roundabout-you'll want to head towards 89 North. Then you'll go through another roundabout,

still heading for 89 North. At this point, the directions are the same as above, as you are now on 89 North.

Where we are camping:

We have all of the Lower Lodge Pole and a portion of the Upper Lodge Pole campgrounds. These are the last camping areas in the back. You will need to cross Prosser Creek. It's not very deep. Just go slow as you go up the other side as the bank was a little bit steeper. The roads are navigable, though four-horse goosenecks with living quarters pulled by duelleys will require a little more time (we followed one in and they did it, but it was slow going). There are quite a few corrals to pen your horses in. I don't believe we'll need to highline any horses, unless you want to, as there should be plenty of corrals. There are water spigots and lots of trees and a couple of what look like wooden outhouses. There are no cabins.

-cont'd on Page 3-

Page 2

Cont'd from page 2-
President's Message
Euer Valley Camping!

How much it costs:

\$13.00 per night for one horse and rider

- \$10.00 per night for one person without a horse when camping with one or more riders.
- Children under 12 years are no charge and must be accompanied by an adult 18 years or older
- You will need to have a signed waiver form for everyone who comes with you

When to get there:

Anytime between Friday and Sunday before 8am, even if you wanted to come for a day trip. We have the campgrounds reserved until Sunday and it would be okay to stay till Monday if anyone wanted. I will be there by noon on Friday setting up signs to guide everyone in. We will probably have at least one organized group ride on Saturday late afternoon/early evening and possibly one potluck dinner and/or breakfast (TBD).

What to Bring: (some ideas)

For the horses:

Enough feed (hay/grain) per horse per # days as you'll be staying:
Feed Bag/Bucket for each horse
Water Tubs/Troughs for each horse
Mineral / Salt Block
Bell
Manure Rake
Grooming Caddy
Fly/Mosquito Repellent
Fly Masks
First Aid Kit
Treats/apples/carrots
Lead Ropes
Halters
Saddles
Bridles
Saddle Pads
Helmets
Extra Stirrup Leather
Leather Punch

What to bring for you:

Tent
Air Mattress/Cot
Sheets/Blankets/
Sleeping Bags
Pillows
Lanterns
Flashlight
Walkie talkies if you got'em
Bug Spray
Bug Screen Tent
Sunscreen
First Aid Kit
Camera
Washcloths/Towels
Soap
Shampoo/Conditioner
Toothbrush
Toothpaste
Clothes
Shower
Tent
Hat
Cell Phone/car charger
Firewood
Newspaper
Food/Drinks
Camp Stove/Fuel
Lots of water
Bear Spray
Water Hose
Trash Bags
Star Chart
First Aid Kit

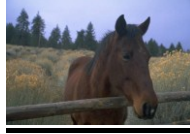
July 23rd Lemmon Valley NHANN Trail Ride 

By Rebekka Rhodes

It was a great day! Sunny and warm with a gentle breeze, but worthy of a good drink after the ride. We rode out with the first group a little after 4:00 p.m. There were eight of us, total, on that ride. I rode Barb Scott's colt, Indie, on his very FIRST trail ride outing with other horses in an unfamiliar place, and he was awesome! So awesome, in fact, that when a dog ran out of a yard and actually bit his hind leg, he stayed calm and focused, and never got upset whatsoever -- Amazing!! Thankfully the owner of the dog came out and apologized profusely, and learned that she should not trust her dog where horses were concerned, and promised to keep the dog contained in the future. Thank goodness we've been working on trail confidence (which includes the neighborhood). And by the way, Indie was not hurt -- it didn't break the skin. He stood as if ground tied, while the dog owner and I examined his back leg. What a good boy!! And thanks to Mark and his good horse Di, who made a charge at the dog to help drive it off and stop the attack!

Continued on page 4

August 11th NHANN Meeting – Euer Valley Horsecamping!



Are you interested in going camping with your horse in one of the most beautiful valleys in the Tahoe region? Then come to the August NHANN meeting to find out more details regarding the club trip, scheduled for August 12-14th. We'll find out where it is, how to get there, what to bring, and all the wonderful trails we'll have to choose from for our first overnight club horse camping trip!

July 23rd Lemmon Valley NHANN Trail Ride cont'd from page 3



First set riders were: Maureen Kimberling, Sam, Mark, Barb Scott, me (Rebekka), Louise Fernandes, Johnn, and friend. We rode down Chickadee to the dirt road that heads over to Hungry Valley, and then turned off onto a trail leading up the hillside. The trail turned out to be a dirt bike trail with swell after swell, which was a bit hard for the horses to handle but still a good learning experience. Six of us turned back after a good hour's ride, but Sam and Maureen rode farther up the hill and turned around a bit later. I figured two hours out for a colt's first experience like that was long enough. He still seemed fresh when we got back to the trailers, but he was pretty thirsty! Still, I always like to leave a horse with "something in the tank". We watered our three horses (having brought water since there is no access there unless there is a reserved event) and then loaded up for home, as the folks preparing to head out for the second trail ride gathered up at the arena. *Cont'd on page 6*

NHANN LOGO-WEAR LONG SLEEVED T-SHIRTS ARE IN!! **ONLY \$15 EACH, QUANTITIES ARE LIMITED!**

S-10/ M-13/ L-12/ XL-10/ XXL-5

(Sam is wearing a Small)



Place your orders in time to wear on your next trail ride!

Orders can be picked up at the July 14th Meeting. E-mail Sam DiMuzio to reserve yours now!
NHANN Decals for your car, truck & trailer are now available – buy several while supplies last!



July "Member Share" Meeting Highlights

The July meeting focused on "Horsenalities" as members viewed the Parelli Horsenality DVD then charted their own horses' horsenalities.

Per Pat Parelli, "horses are like snowflakes, they look alike but they are all different. Pat said that we get into trouble with horses when we don't understand or provide our horses what they need. Great horsemen know how to read a horse, they understand what motivates them, and they use this information to build the relationship and trust.

Linda Parelli states that a horse's nature determines everything that you should consider as you handle them, including how you should relate and communicate with that particular horse, right down to the bit you would choose.

In this system, horses are first categorized into extrovert or introvert, and then they are placed into categories of either predominantly left or right brain dominant.

Left brain extroverts are often labeled as naughty, as they are playful and curious in nature. Right brain extroverts are labeled crazy due to their hyper vigilant, impulsive type behaviors. Left brain introverts are frequently labeled as lazy or stubborn contrasting with the right brain introvert who may be called unpredictable. Linda Parelli explained further that the left brained extroverted horse desires play but needs to be taught to be obedient. The right brained extroverted horse needs to feel safe, and will be calmer if his handler provides this to him. A left brained introverted horse needs incentive to perform for us so we have to keep him motivated in his work, and a right brained introvert needs to have comfort which will allow him to trust.

Pat Parelli explained that horses as prey animals have basic inherent instincts for survival. Over many years in the domestication of the horse, breeding has been specific to attempt to obtain offspring with particular desired characteristics. These desired characteristics are located in the Parelli chart under the left brain attributes. The goal of this selective breeding was to balance these inherent attributes found in the horse. Today, the Parelli's state that these attributes can be changed simply by our understanding how to read horses and then handling that horse accordingly.

The idea is to keep it simple and know how to address the behaviors that come up.

Member's Corner

Summer Riding Camp Adventures

By Marianne Merriam

Don't most kids "go away to camp" these days? I guess I didn't grow up with that as a regular summer activity, so I imagine it's funny to many people that I waited until the second half of my first century to "go away to camp". Actually my horse Mikey truly *went away* to camp, and I just joined him there every day.

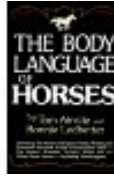
We (Mikey and I) signed up for five days of Adult Riding Camp with trainer Lynn Lloyd of Red Rock Hounds, at her Ross Creek Ranch, north of Reno. Sometimes ignorance is bliss when hard work is at hand! We were embarking on a one to two hour lesson every morning and a one to two hour trail ride every afternoon of the camp.

We started our week of lessons on Tuesday July 19th, bright and early, trailering out to Red Rocks, about an hour from where we live. I felt like a kid – excited and nervous, waking up every hour the night before, for fear I'd oversleep and be late. Mikey was a perfect gentleman getting into the trailer when I asked, and off we went! I had brought extra hay bags just for the first day, all of

Continued on Page 6

Excerpts from Our Amazing

NHANN Library!



The Body Language of Horses by Tom Ainslie and Bonnie Ledbetter

Have you ever wondered what your horse is trying to tell you? Body language is the soul communication tool that horses use to show other horses what they want/need and it is the key when you want to know if you are doing the right thing for your equine friend. Humans use both body and verbal language every day and no matter how old you are you understand when someone is upset, happy, or indifferent just by observing the way their body moves. Horses are not much different.

The author Tom Ainslie was a renowned handicapper who used a horse's body language to determine whether or not they had the competitive edge in a race. Racehorses do not differ from the horse you own right now in terms of communication. By reading this book you will be able to read your horse and understand when its physical, mental or emotional needs are not being met. There is an entire chapter dedicated to the language portrayed by a happy horse, a horse in pain, a cold horse, a sour horse, etc. There is also a chapter on solving problems such as frightened horses, vices, and confusion. Whether you are unsure about your horse's well-being or just want a good source for knowing when your horse is trying to tell you something The Body Language of Horses is a great help in decoding the sometimes complex expressions your equine portrays. Request it today through the Online Library at Naturalhorsenevada.com

NHANN FOR SALE ITEMS:

Long Sleeved T-shirts: \$15

Short Sleeved T-shirts: \$12

Trail Kits (bandana, hoof pick, lip balm, strip of leather): \$10

Equine First Aid Kit: \$25

Really great hoof pick!: \$15

9x12 Decals: \$7.50 each; 5x7 Decals: \$5 each

July 23rd Lemmon Valley NHANN Trail Ride

cont'd from page 4

By Debbie Tayler

I rode the later ride with Debbie Young, Carla Maine, Carole Stasicwicz, Nancy Horvath and Bruce Nething and a friend of theirs. We had a great time, Carla showed us some really nice trails and the heat of the day was dissipating. We ended up starting around 7 p.m. and we returned to the arena about 8:30 p.m.

Member's Corner ~

Cont'd from page 5

his accoutrements for the week, like buckets of supplements prepared and labeled for every night he was to stay there, in addition to all our tack. I put his name on his tack so we'd be sure to come home with everything (same concept as sewing labels into kid's underwear :).

We arrived about 8:15 for our first lesson that was to start at 9am. So we tacked up at the trailer and rode up to the arena which was full of jumps. Now Mikey and I haven't taken "group riding lessons" before, much less "group jumping lessons", so I imagine he was feeding off my nervousness when we first got in the arena. We warmed up with walk, trot and canter. Mikey only wanted to walk and canter, but we managed to find a trot in there somewhere. There were six students in the class the first day and slight variations of that over the next few days. The students were rather varied in abilities as well, although our common thread was that we all wanted to be better riders.

The wonderful thing about the group of students was how supportive we all were of each other, and one of the great things about the lessons was

Continued on Page 7

UP-COMING EVENTS

- Every Saturday after the NHANN Monthly Meeting
NHANN Monthly Activity
Stay tuned for *trail rides, clinics and other fun things* to participate in with your horses! Activities announced monthly.
- August 11th, 2011-Thursday
August NHANN Meeting!
Time: 5:15 Board Meeting; 6:00 PM General Meeting.
- August, 2011
Parelli Clinic w/ Tara & Trevor Carter. Details to come.
- August 19th and 20th, 2011-Thursday
Cowboy Poetry and Music Gathering
Bartley Ranch Hawkins Amphitheater, RenoCowboyPoetry.org
Time: 6:30pm
- Sept. 19th-Oct. 2nd, 2011
NRCHA Snaffle Bit Futurity and Trade Show*
- August 19th – 21st, 2011
Western States Wild Horse and Burro Expo*

*At the Reno-Sparks Livestock Events Center
<http://www.visitrenotahoe.com/meetings-conventions/facilities/reno-livestock-events-center/calendar>

Also, don't forget to check the Natural Horsemanship of Northern Nevada's website for future club related events at www.naturalhorsenevada.com



Welcome New Members:

Sherie Morrill and Carol Stasiewicz

Member's Corner

-cont'd from page 6

how Lynn managed to tailor the lessons to each of our abilities as she got to know us and our horses better each day.

The first day's morning lesson was two hours long, and we made it through several exercises successfully. We did the warm up exercises (for both horses and riders). Over the course of the week we learned to touch our toes with the opposite hand ten times each (it didn't matter *how* we did it). We did sit-ups while on our horses – bending our heads to the horses' neck and then our heads back to touch their rump with the back of our helmet. Among other things, we learned to do a gymnast's dismount by first supporting our bodies on our hands and arms while we swung our feet backwards to click our heels over the horse's rump, then lift ourselves over the saddle and off the horse (with varying levels of success!). These preliminary exercises loosened me up tremendously for the remainder of the lesson.

We walked, we posted the trot, we sat the trot, we cantered while sitting and in two-point position, changing direction and gait upon command, sometimes in rapid succession. We lengthened our horse's stride (Mikey and I have yet to do that well), and we trotted over poles and small cross-rails.

As the week progressed, some
-Continued on Page 8

Member's Corner Cont'd from page 7



students went on to do a full course of jumps, including verticals, oxers, roll tops, coups, in and outs, etc. (Most of those students had prior jumping experience.) Mikey and I were raw beginners so we stayed with the ground poles, cross rails and short verticals. One student had quite a bit of arena experience, but was not quite ready for group jumping lessons. Since she had less trail riding experience, she went on two training trail rides a day instead, tailored to her abilities.

After our morning lessons we had a nice break for lunch for a couple of hours to recoup and re-hydrate, eat and rest up for the afternoon adventures. We were so fortunate that one of our fellow students is a gourmet chef and she was responsible for preparing the camp's lunches every day. I certainly brought my appetite with me!

The afternoon trail rides usually began around 2pm. Our first day's trail ride was a tough one for me. Mikey was so amped up to be there, he was cantering in place. When others were trotting he wanted to canter, so it took a lot of strength to hold him back. And with his race horse mentality setting in, he wanted to be first. So I held him back, even when another horse raced past us up a hill, somewhat out of control (they weren't having a good first day's trail ride either).

We exercised the foxhunting hounds out with us on the afternoon trail rides. We stopped to watch them swim in a pond every day, and they loved to chase the ducks (but never caught them). We rode past several large pelicans in the ponds, quite a few cows and calves, always with the hounds under foot. All of this was very good for Mikey as he needs to know that he doesn't have to concern himself with them, and just do as I ask (please :).

I got to practice my lessons with trotting and cantering in two-point position during the trail rides. Again, if there were some riders that wanted to go on a slower trail ride, they rode with another trainer, Angela Murray, while the rest of us followed Lynn. We went over water crossings, and trotted and cantered up and down hills. One of our worst and most annoying faults is when I allow Mikey to get too close to the horse in front of us. So we practiced staying back (sometimes more successfully than others).

On the second day's trail ride Mikey was meek as a lamb ~ he was tired ☺ (thank goodness, because I was too!). It was so nice to ride him off trail through the sagebrush and have him watch where he was going and not run up on the horse ahead of us. That day reminded me of one of my favorite expressions that came from our first equine veterinarian, Dr.

-Cont'd on page 9

CLASSIFIED ADS

HORSE FRIENDLY PRODUCTS:

Timberline Saddle Company Custom Saddles: Western, Dressage, English, Trail and Endurance models. Custom saddle pads, girths and cinches, bridles and accessories available. Tacky-Tack™ Saddle Pads – extreme comfort and non-slip security; washable and breathable. Skidmore's Leather Care products. Contact: Mark Rhodes 775-972-9025 or email centaurgenic@mindspring.com.

NATURAL HOOF CARE

by Debbie Tayler:

Correct trimming for balance and performance with an emphasis on treating the whole horse. Contact Debbie at (775) 846-8918 kirk.debbie.tayler@gmail.com to schedule an appointment.

SAFE START HORSEMANSHIP:

Beginning horsemanship: riding instruction, with emphasis on safety, communication, and learning all aspects of horse care; ages five thru adult. Please call or email for more information. South Reno. Contact: Jann Hehn 775-852-7261 or Email safestarthorse@sbcglobal.net

TRUCK FOR SALE:

2005 Ford F-150 pickup with reversible ball hitch for goose-neck trailer. Strong engine in excellent condition, easily pulls three-horse trailer. Contact Nancy Horvath or Bruce Nething @ 775- 972-7702

HORSES 4 LEASE OR LESSONS:

MFT gelding. Cruise is an incredibly smooth trail horse, rides English or western; Lessons are \$30, leasing is \$150 per month. For more information contact Donna Artz at 775-232-2427. swsranch@charter.net

Member's Corner

by Marianne Merriam, cont'd from page 8



Marianne & Mikey

Brad Dygert in Southern California (who worked with a lot of racehorses). His saying was: “Regular work makes for good citizens”. Since it also makes for well exercised horses, it really came to mind that day when Mikey was being such a good (citizen) horse.

I was boarding Mikey at Lynn’s barn while we were there for the lessons. They have a little different schedule than Mikey was used to, where they turn the horses (geldings separated from the mares) out to pasture at night in the summer time and bring them back in the barn during the day. So it was nice to be able to give him a bath and have a stall to put him in after every ride. Then he’d get his supplements before he went out to pasture in the evening. He ended up buddying up with another new horse – an 18hh draft horse. They became such good friends that one morning they both refused to come back in the barn for the barn manager. I arrived early for our morning lesson, thank goodness, and found that the barn manager had been chasing them both in circles for 15 minutes. Luckily I had brought a bag of carrots with me. Mikey came to me with the sound of cracking carrots, and his new found friend followed us up into the barn.

There were a lot of “take-aways” from five days of riding. Learning from the other students was invaluable. I heretofore had not liked group lessons, because I always thought there was too much standing around. But the portions of these lessons we were standing around, we were getting to watch the other horses and riders, and learn from their mistakes and successes. Mikey and I learned a lot from a very basic “steering” lesson one morning – how to get him to turn where I want him to at a canter, instead of going too far past the turning point every time. I found that even though he’s a very long horse, he can still turn pretty quickly when *he* wants, and when I ask him properly.

I tried to learn how to be more balanced in two-point, how to loosen up (myself and Mikey) before a ride, basic body positioning for beginning jumping lessons, how not to pull his mouth or sit too far forward at a jump, how to better steer him and keep him straight. I learned how absolutely, incredibly sore all of those hidden muscles I never knew I had can be, all at once, and how quickly they heal themselves afterwards. I learned once again how little I know, and how much I need to keep taking lessons to be a better rider and a better partner for my horse. At least getting to go home every night, I didn’t get homesick. I think our mares missed Mikey a great deal. He was a mare sandwich for several days after he got home! Best of all, Mikey got right back in the trailer the next time I asked him to go for yet another lesson! Maybe he likes learning too? At least he was only 11 the first time he got to go to camp!

NHANN 2011 Tentative Meeting & Activity Schedule

Month	Scheduled Speaker	Topic	Activity
August	Member Share Euer Valley	Revisit Horsecamping 101	Horsecamping Euer Valley August 12-13-14 th #
September	Member Share Meeting	To be decided by the Members in attendance	Bird Springs Trail Ride* Sept. 11 th #
October	Dr. Kirk+	Lameness Diagnosis	Chilcoot Ride + 15 th #
November	Dr. Meeghan Gray*	Wild Horse Research	
December	Club Christmas Party*	(No meeting at Round Table)	All library books, cd's, dvd's due back to Librarian for annual audit Party Dec. 10 th * #

*confirmed +tentative-waiting on confirmation #details to come

My horses are my friends, not my slaves.

~Reiner Klimke

Never trust a cowhand that doesn't know how to properly tie a horse.

~A Cowboy Truth

They say that princes learn no art truly, but the art of horsemanship. The reason is, the brave beast is no flatterer. He will throw a prince as soon as his groom.

~Ben Jonson



CALLING ALL MEMBERS!



Members are *enthusiastically encouraged* to submit "Member's Corner" articles for publication to the NHANN Secretary via e-mail (MarianneMerriam@gmail.com) regarding real-life learning experiences, interesting or unusual stories concerning you and your horses.